

## Training Course on Maternal and Child Health Care for Developing Countries

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| Program name                      | Training Course on Maternal and Child Health Care for Developing Countries                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                  |
| Organized by                      | Hunan Children's Hospital                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                  |
| Time                              | 2025-10-09 -- 2025-10-29                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Language used                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | English                                          |
| Countries invited                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                  |
| Planned number of participants    | 25                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                  |
| Requirements for the Participants | Age                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Under 45 for officials at or under director's level;<br>Under 50 for officials at director general's level.                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                  |
|                                   | Health condition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | In good health with health certificate issued by the local public hospitals; without diseases with which entry to China is disallowed by China's laws and regulations; without severe chronic diseases such as serious high blood pressure, cardiovascular/cerebrovascular diseases and diabetes; without metal diseases or epidemic diseases that are likely to cause serious threat to public health; not in the process of recovering after a major operation or in the process of acute diseases; not seriously disabled or pregnant. |                                                  |
|                                   | Language competence                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Capable of listening, speaking, reading and writing in English during the training                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                  |
|                                   | others                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Family members or friends shall not follow                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                  |
| Venue                             | Changsha City, Hunan Province                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Weather conditions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 20°C~25°C                                        |
| Cities to be visited              | Hangzhou City<br>Ningbo City<br>Zhejiang Province                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Weather conditions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Hangzhou City:20°C~25°C<br>Ningbo City:20°C~25°C |
| Remarks                           | <p>1. Visa: Please make sure that your visa is valid from 5 days before the training starts to 5 days after the training completes.</p> <p>2. Life preparation:</p> <p><input type="checkbox"/> Please be prepared for the training based on the training arrangement and weather of the hosting city and the city to visit.</p> <p><input type="checkbox"/> You can carry a small amount of common medicines to your personal needs, medicines that are illegal or exceed the prescribed limit are strictly prohibited.</p> <p>3. Baggage:</p> <p><input type="checkbox"/> Please check the permitted baggage allowance for international and domestic flights in China. Expenses incurred due to baggage exceeding the prescribed limit and responsibility for missing flights caused by baggage disputes shall be borne by the individual.</p> <p><input type="checkbox"/> Please confirm whether you need to re-check your baggage on the connecting flight.</p> <p><input type="checkbox"/> In case of checked baggage loss, please report it to the airline promptly. Call our contact person to confirm the address of baggage delivery when filling out the registration form.</p> <p>4. No-show and pick-up arrangement:</p> <p><input type="checkbox"/> If you can't leave on time due to special circumstances, or if your flight is delayed during transfer, please inform our contact person in time.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                  |

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|                                      | <p>□ Please wait patiently at the international (or domestic) arrival exit after collecting your luggage where our staff will hold the board with the organizer's name. Please contact us in time if there are special circumstances.</p> <p>5. Flight cancellation and re-book: The cost and responsibility incurred by changing the flight without consent or canceling or re-booking the flight due to personal reasons shall be borne by the individual.</p> <p>6. Responsibility and obligation: Participant is the representative of his or her government, country and people, who should abide by the laws of China and the relevant regulations of the training, and fulfill the corresponding obligations.</p> <p>7. Visiting and inspecting cities may be adjusted according to actual conditions.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                   |
| Contact information of the organizer | Contact person for the program                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Ms.Wang Li, Ms.Ding Xiang                                         |
|                                      | Office phone                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 0086-0731-85356036(Ms.Wang), 0086-731-85356036(Ms.Ding)           |
|                                      | Mobile phone                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 0086-13755103302(Ms.Wang), 0086-18774951426(Ms.Ding)              |
|                                      | Fax                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 0086-0731-85356666(Ms.Wang), 0086-731-85356666(Ms.Ding)           |
|                                      | E-mail                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Lilywang0717@163.com(Ms.Wang), 28866222@qq.com(Ms.Ding)           |
|                                      | Address                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | No.86, Ziyuan Road, Yuhua District, Changsha City, Hunan Province |
| About the Organizer                  | <p>Hunan Children's Hospital, as the Pediatric China-aid Medical Training Unit in China and Medical Aid Training Base in Hunan Province, is a comprehensive children's hospital which integrates clinic, scientific research and teaching. Furnished with 1,800 beds and staffed with 2,000 employees, the Hospital has 8 national-level key clinical specialties, 12 provincial-level key clinical specialties, 1 national key laboratory (cultivation) program, 2 provincial-level key laboratories, 10 provincial-level clinical research centers, 14 provincial-level clinical diagnostic and treatment centers, and 1 post-doctoral workstation. The Hospital is striving to build a national children's regional medical center. In 2010, the Hospital established the School of Pediatrics in cooperation with Nanhua University, and was authorized as the Children's Hospital affiliated with Xiangya School of Medicine of Central South University in 2023. An independent China-aid management department, International Cooperation and Exchange Center, was set up. It is the Training Base for Maternal &amp; Child Health for Belt and Road Countries awarded by the National Health Commission and the United Nations Children's Fund; Key International Pediatric Medical Center and Hunan Medical Aid Training Base awarded by Hunan Health Commission; International Science and Technology Cooperation Base and Academician Workstation granted by Department of Science and Technology of Hunan Province.</p> <p>The Hospital has organized 120 training projects since 2006 for over 4000 medical administrators and technicians from 108 countries and regions. The training includes over 10 topics such as pediatric severe disease, neonatal medicine, pediatric care technology, maternal and child health care, laboratory techniques, traditional Chinese medicine and hospital management. English, French, Portuguese, Mongolian, Arabic, Russian are used for teaching. The training courses centering on maternal and child health care have been successfully held for 20 sessions so far, and a total of 540 medical personnel have come to our hospital for training and exchange. The trainees feel good and gain a lot. The project has been highly recognized and praised by the governments, trainees and colleagues of their countries, and it is of great significance to enhance the capacity building of maternal and child health care in developing countries. It is hoped that the Chinese government will continue to organize relevant training programs to impart China's successful experience and practices in the field of maternal and child health care to developing countries.</p> <p>In active response to China's Belt and Road Initiative, Hunan Children's Hospital, in</p> |                                                                   |

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|                  | <p>collaboration with more than 10 children's medical institutions, research institutes and international organizations at home and abroad, founded the Children's Health Alliance for Developing Countries in 2018. Following the principle of shared growth through discussion and collaboration, the Alliance aims to build a "home" concept based on children's health for developing countries, and to share appropriate pediatric technology, prevention and treatment of children's diseases, offer training to pediatric personnel, collaborate in scientific research and facilitate children's health industry. To increase China's visibility, the Hospital developed the precise assistance model of pediatric treatment technology by combining the medical features and needs of the recipient countries, thereby reaching the hearts of people with the "small but beautiful" project. Via People's Daily, CCTV, overseas local media and other information channels, a series of timely reports were published, which not only shared the experience in pediatric health care and scientific research for further collaboration, but also enhanced people's understanding of China's healthcare undertakings.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Training content | <p>1. Classroom Teaching + Case Teaching: The training focuses on the interpretation of maternal and child health policies, basic maternal and child health technologies, high-risk pregnancies, prevention and treatment of mother-to-child transmitted diseases, newborn health care, treatment technologies for newborns and premature infants, and vaccination, so that participants can master common prevention and treatment technologies for maternal and child health care. The construction of maternal and infant three-level health care network system, the setting and management of standardized delivery room and neonatology department were introduced in detail. Let the participants understand the relevant policies and successful experiences of maternal and child health care in China. Through case teaching, students can improve their skills in identifying high-risk pregnancies, strengthening obstetric first aid (such as eclampsia management, decision making for cesarean section), and neonatal first aid. How to reduce the risk of premature birth, low birth weight infants and infection, conduct neonatal resuscitation operation simulation training, and promote the Chinese neonatal resuscitation model and successful experience.</p> <p>2. Professional practice and field visits: The purpose is to allow students to combine the theoretical knowledge with practical operation to improve their clinical practice ability. In the professional practice, students will have the opportunity to conduct field operations in relevant departments of hospitals in Hunan Province and cities, including pregnancy examination, childbirth simulation, newborn care, etc. Hospital professionals will provide on-site guidance and comments to ensure that students can correctly master various techniques. At the same time, the participants will also be organized to visit the hospital's maternal and child health facilities, laboratories and wards to understand the hospital's advanced concept and management model in maternal and child health care. Participants will interact with hospital staff to gain a deeper understanding of the current situation and future trends of maternal and child health care in China. Through the inspection activities, the participants will be able to more intuitively feel the actual situation of maternal and child health care work in China, and provide strong support for improving the level of local maternal and child health care services after returning home. At the same time, students will also arrange to visit related pharmaceutical enterprises, so that students have a deeper understanding of the development of China's pharmaceutical industry.</p> <p>3. Cultural experience: A special Chinese culture experience course is set up. Chinese music, chess, calligraphy, painting, clothing, food, housing, and transportation are presented in a form accessible to both the refined and the popular, such as tea art performances, opera performances, calligraphy experiences, and tasting of delicious food. This allows participants to experience the rich and colorful Chinese culture, the perfect integration of culture and life, and deepens their understanding of Chinese culture, spirit, and strength.</p> <p>4. Overall introduction of the presenter</p> <p>Liang Songyue      Chief physician, Hunan Children's Hospital Party Secretary<br/> Xiao Zhenghui      Chief physician, President of Hunan Children's Hospital<br/> Zhu Yimin          Chief physician, Director of Medical School, Hunan Normal University<br/> Zhu Lihui          Director nurse Director of Hunan Health Commission Talent Exchange Center<br/> Fan Xiaolan      Chief physician, Director of gynecology, Changsha Maternal and Child Health Hospital<br/> Peng Xiaoming    Chief physician, Director of neonatology, Hunan Children's Hospital<br/> Zhuang Yan      Chief physician, Hunan Children's Hospital, neonatology Department</p> |

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