

“Guangxi Nourishment for Solar Cycle” -Seminar on the Culinary Culture and Techniques Inspired by the 24 Solar Terms for Developing Countries

Program name	“Guangxi Nourishment for Solar Cycle”-Seminar on the Culinary Culture and Techniques Inspired by the 24 Solar Terms for Developing Countries		
Organized by	Guangxi International Business Vocational College		
Time	2025-11-04 -- 2025-11-13	Language used	English
Countries invited	Developing Countries		
Planned number of participants	30		
Requirements for the Participants	Age	Under 45 for officials at or under director’s level; under 50 for officials at director general’s level.	
	Health condition	In good health with health certificate issued by the local public hospitals; without diseases with which entry to China is disallowed by China’s laws and regulations; without severe chronic diseases such as serious high blood pressure, cardiovascular/cerebrovascular diseases and diabetes; without metal diseases or epidemic diseases that are likely to cause serious threat to public health; not in the process of recovering after a major operation or in the process of acute diseases; not seriously disabled or pregnant.	
	Language competence	Capable of listening, speaking, reading and writing in English during the training	
	others	Family members or friends shall not follow	
Venue	Nanning City, Guangxi Zhuang Autonomous Region	Weather conditions	25°C~35°C
Cities to be visited	yulinCity, Guangxi Zhuang Autonomous Region Guangzhou, Guangdong Province	Weather conditions	yulinCity, Guangxi Zhuang Autonomous Region:20°C~30°C Guangzhou, Guangdong Province:25°C~30°C
Remarks	<p>1.Please prepare materials related to the training topic for discussion in advance.</p> <p>2.Please prepare formal attire, national dress, or work uniforms for official events.</p> <p>3.Please bring a small supply of commonly used medications.</p> <p>4.Computers will not be provided by the Chinese side; please bring your own if needed.</p> <p>5.In principle, participants are not allowed to change their flight tickets to and from China. If necessary, please contact the Economic and Commercial Counsellor’s Office of the Chinese Embassy in your country to arrange the change through the proper procedures.</p> <p>6.If you are unable to depart on time due to special circumstances or experience flight delays during transit, please promptly inform the Economic and Commercial Counsellor’s Office or the program organizer with your updated flight details to facilitate airport pickup arrangements.</p> <p>7.When transiting, please confirm whether you need to recheck your luggage.</p> <p>8.Upon arrival, after collecting your luggage, please wait patiently at the international or domestic arrival exit. A staff member will be holding a sign with the organizer’s name and your name for pickup. If you keep waiting for more than 15 minutes, please contact the organizer.</p> <p>It is recommended to download and register for WeChat in advance.</p>		

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About the Organizer	<p>Guangxi International Business Vocational College (GXIBVC) is a state-run higher education institution located in the beautiful “Green City” — Nanning, Guangxi Zhuang Autonomous Region. Rooted in Guangxi, the college is committed to serving the whole country and extending its influence to Southeast Asia. It has developed a distinctive educational approach focused on fostering highly skilled professionals with an international perspective to support Guangxi’s economic development, the construction of the China-ASEAN Free Trade Area (CAFTA), and the growth of the global tertiary industry. The college is under the administration of the Guangxi Department of Commerce and has been recognized as a model higher vocational institution in Guangxi. It is also designated as a training base for the “Talent-Driven Business Growth Initiative” by the Ministry of Commerce of China and serves as a key talent development hub for advancing the CAFTA. In 2012, GXIBVC was authorized as one of the institutions responsible for China’s foreign aid training programs.</p> <p>The college boasts a high-level team of full-time and part-time faculty members, including renowned domestic and international experts, industry specialists, and scholars. It offers programs in English as well as Southeast Asian languages such as Vietnamese and Thai. Additionally, the college employs a number of foreign teachers and invites experienced professionals from enterprises to serve as part-time instructors.</p> <p>GXIBVC maintains close collaborations with prestigious universities across China and actively expands its educational cooperation with countries along the Belt and Road Initiative. It has established partnerships with over 40 overseas institutions, enrolling a total of 616 international students. The college is among the first institutions selected for the national “China-ASEAN 1,000 Schools Partnership Initiative”. It has also established an overseas branch, Guihai Business College, and has been approved for two Sino-foreign cooperative education programs with Canada and Germany. Additionally, it has been recognized as a regional cooperation pilot unit under Guangxi’s Modern Vocational Education Development Demonstration Project, included in the Ministry of Education’s first batch of “Jinshi People-to-People Exchange Program” as a “Jingshi International Institute”, and designated as a pilot institution for the UK NARIC international professional standards assessment program in the field of higher vocational education.</p>	
Training content	<p>1. Main courses and content:</p> <ol style="list-style-type: none"> (1) Overview of China’s 24 Solar Terms and the Traditional “Eat Seasonal Dietary” Health Concept (2) Traditional Chinese Medicine-Food Homology and Typical Contemporary Practice (3) Inheritance and Innovation of Traditional 24 Solar Terms Dishes Based on Medicine-Food Homology (4) Preparation and Practical Training of Common Summer and Autumn Guangxi Snacks (5) Features, Ingredients, and Cooking Techniques of Summer and Autumn Guangxi Dishes with Practical Training (6) Preparation and Practical Training of Common Summer and Autumn Guangxi Beverages (7) The Medicinal Functions of Common Spices and Their Integration with Food (8) Successful Cases of Fusion between Guangxi Cuisine and Western Cuisine 	

	<p>(9) The Role of Seasonal Catering Industry Development in Helping Rural Revitalization</p> <p>(10) Overview of China's National Conditions, Guangxi's Situation.</p> <p>2. Site visits (Cities to visit may be adjusted based on actual circumstances)</p> <p>Participants will visit major catering and traditional Chinese medicine companies in Yulin, Guangxi, and Guangzhou, Guangdong, and interact with company leaders and frontline technical personnel.</p> <p>3. Cultural experience</p> <p>Experiencing traditional Chinese medicine preparation techniques and major traditional Chinese medicine therapies, tours to Guangzhou Tower.</p> <p>4. Lecturers</p> <p>Local experts in traditional Chinese medicine, 24 solar terms, and catering, and company leaders will be invited to give lectures.</p>
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